

## **BEST PRACTICE-1**

**Title of the Practice:** Women Empowerment

**The Context:**

In our college, most of the girl students come from very rural areas near to Dhoraji. And most of them are from backward classes where they have not received enough opportunities to develop themselves. They are very shy and passive by nature. Hence, with this context, we want to make them free thinker, active, independent and good decision maker. They should be at least being able to know their life goal and basic women rights by the time they graduate from our college.

**Objectives of the practice:**

- To create awareness among the girl students about their basic rights
- To create self confidence among them
- To remove superstitions and to develop their critical thinking ability
- To make the girls students aware about their various roles in life

**Details of the Practice:**

As per reports, degradation of women is happening in society. Through women empowerment, many questions of society & country can be resolved & we can provide benefits to society & country in true sense. By providing attention to such noble purposes, we have periodically conducted lectures & programs related to women empowerment activities. We arrange women right shibirs regularly. To provide women empowerment to staff, students and people of society, different activities have been conducted such as, women-empowerment campaign, awareness of legal rights, disease diagnosis camp, lectures on removal of superstition.

**Obstacles Faced and Strategies Adopted to Overcome them:**

We faced several problems during the implementation. It was difficult to join maximum girls in these activities due to lack of awareness. It was difficult to change religious and social superstitions of students. There was a shortage of specialists in some subjects/activities. We faced issues regarding adjustment of teaching days of students. To overcome, such obstacles we

organized counseling with students in the beginning and we planned some activities in such a way that regular time-table is not disturbed.

### **Impact of the Practice:**

The women empowerment programs created self-respect and dignity among the girls students. It improved their spirit. It also helped to remove their superstitions and wrong beliefs. After getting empowered, they also tried to aware people of society through various campaigns such as "Save Girl Child", "Beti Padhao" etc. They also developed various skills such as, presentation skills, persuasion skills, confidence, and communication skills. We also felt indirect effect on their study performance. It created positive attitude among the students. Most of our students are from rural background and they just study for the sake of getting a degree. But through women empowerment programs, they became clear about their long-term goals and started studying hard. Over all, it created learn, unlearn and re-learn attitude among the students.

### **Resources Required:**

We took help of various sources or materials such as, books, magazines, C.D. We have finalized co-coordinator for each activity. We also got necessary financial support when needed. We took help of various stakeholders to conduct some special talks.

## **BEST PRACTICE-2**

**Title of the Practice:** Environment Awareness Campaign

**The Context:**

The Issues of environmental problems are being serious in the present time. Different kinds of pollutions and global warming have brought many problems in our lives. It can create very bad long-time effect. Thus, it is very necessary to create environmental awareness. We have conducted many programs to develop awareness in students & society regarding-taking care of environment & to generate better environment.

**Objectives of the practice:**

- To bring awareness among students regarding environment.
- To develop interest of staff, student & society in protecting environment
- To inspire students and society about their responsibilities towards environment
- To protect environment so that we can provide better environment to our future generation
- To motivate them to participate in environmental awareness campaign

**Details of the Practice:**

As a part of environment awareness, our college has organized regular activities throughout the semester. It is a part of our regular practice. We conducted special lectures on environmental studies. We distributed free plants in various areas of the city. We also started environment for maintenance of veterinary medicine centers & cowsheds on the regular basis with the support and guidance of our principal. We have developed medicinal garden and “Rashi van” on our college campus. We have implemented system of watering the plants with limited water by proper channels. We dispose wastage by fire. There is a facility of drinking water for birds and animals. Animal dang is used as fertilizer and fuel. There is a fine of Rs. 500 for staff and visitors for creating wastage on campus. Various activities such as, drawing, poster making, elocution etc. have been organized during the year.

### **Obstacles Faced and Strategies Adopted to Overcome them:**

Basically, we faced problem regarding people participation from society. But with the active and continuous efforts of the students it was easily sorted out.

### **Impact of the Practice:**

This practice has changed our campus at large. There is greenery on our campus because of trees and plants now. Awareness related to environment is developed among students, staff and members of the society. People became aware about plantation & tree-breeding due to free distribution of plants & this led to increase number of trees. People became aware about their health natural cure with the help of herbal plants. We tried to save many cows and protect them in our Gaushala. Over all, environment around the college became very fresh and pure.

### **Resources Required:**

We made it possible with the resources such as, seed, plants, water, spade and many other necessary resources.